

# Gorge Walking



Date of Assessment 23/01/15

	Casual factors, hazards, dangers	Risk management strategies, normal operation.	Site Specifics
People	Overestimate of ability Inadequate training / instruction Safety / rescue procedures.	Suitably qualified instructor Training and instruction given throughout activity. Alternate options given if someone chooses not to participate in a particular part of the activity Ropes carried and used as appropriate Safety equipment to include first aid kit, group shelter and additional clothing Exit/alternative routes planned and used if required. These are available through the whole gorge	This space is to be completed on the day of the activity, identifying any specific dangers, changes since the last visit and/or difficulties/risks that will need to be assessed before, during and after the session.
	Group control (anxiety/excitement).	<ul style="list-style-type: none"> <li>• Suitably qualified instructor(s).</li> <li>• Correct briefings.</li> <li>• Appropriate equipment.</li> <li>• Ground rules.</li> </ul>	
	Awareness of risks, Non-swimmer. Fear of water, Fear of heights	<ul style="list-style-type: none"> <li>• Appropriate equipment provided</li> <li>• Correct briefings and instruction give</li> <li>• Optional, alternate routes provided, exit routes from gorge planned.</li> </ul>	
Equipment	Poor head protection	<ul style="list-style-type: none"> <li>• Helmet correctly fitted and worn at all times. Equipment checked as used and after use.</li> </ul>	
	Serviceable equipment	<ul style="list-style-type: none"> <li>• All equipment checked and serviceable before departure.</li> </ul>	
	Clothing [wet suits] insufficient or poor or incorrectly used	<ul style="list-style-type: none"> <li>• Correct clothing, [wetsuits] worn and correctly fitted.</li> </ul>	

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	Inadequate footwear	<ul style="list-style-type: none"> <li>Appropriate footwear must be worn at all times, kit list provided prior to activity.</li> </ul>	
	Buoyancy aids	<ul style="list-style-type: none"> <li>Buoyancy aids fitted to each individual, and checked before and after use.</li> </ul>	
Environment	Weather conditions	<ul style="list-style-type: none"> <li>Check weather reports and make decision on attempting gorge using markers for water height</li> </ul>	
	Water temperature, Water volume	<ul style="list-style-type: none"> <li>Check weather reports and make decision on attempting gorge using markers for water height.</li> </ul>	
	Sharp objects [river bed boulders etc]	<ul style="list-style-type: none"> <li>Correct foot wear worn.</li> <li>Briefings on where to place feet (green areas are slippery, bare rock is not)</li> </ul>	
	Non-exit areas, Not using correct exit from gorge.	<ul style="list-style-type: none"> <li>There are many exit routes.</li> <li>Alternative routes if participant chooses not to take part in each element.</li> </ul>	

Review date 23/01/16